

# NATIVE AMERICAN HERITAGE MONTH



Every November we celebrate the history, heritage, traditions, and culture of Native Americans, Alaska Natives, and Native Hawaiians!

<p><b>Here are some ideas of how you and your club can help celebrate this month! Are you ready to take the challenge and complete a Native American activity each day in November in this state-level Experience awards-eligible activity?</b></p>				<p><b>1</b> Look up what Indigenous Lands you live on. <a href="#">Use this guide</a></p>	<p><b>2</b> Water is life! Learn about current Indigenous movements to protect water. Clean up a stream near you!</p>	<p><b>3</b> Listen to Native Storyteller <a href="#">Joseph Bruchac</a></p>	<p><b>4</b> Read a book by an Indigenous author. Ask your local library for recommendations or support Native-owned bookstores.</p>
<p><b>5</b> <a href="#">Listen</a> to a song by an Indigenous artist</p>	<p><b>6</b> Visit a museum about Indigenous peoples, in person or <a href="#">online</a>.</p>	<p><b>7</b> Watch the <a href="#">Hoop Dance</a> and learn its significance</p>	<p><b>8</b> Find and prepare some local corn, beans, and squash and learn more about <a href="#">the 3 Sisters</a></p>	<p><b>9</b> Learn about how tribes are producing Indigenous foods</p>	<p><b>10</b> Take a canoe ride! If you can't, find a canoe and snap a picture?</p>	<p><b>11</b> <a href="#">Learn more about Indigenous sites in your area of Illinois</a>. Share something you learned with your family or club.</p>	
<p><b>12</b> Learn more about how corn comes in different colors! Can you find any to observe in person?</p>	<p><b>13</b> <a href="#">Learn how to make fry bread!</a> Ask your adult to add it to a future menu for your family.</p>	<p><b>14</b> Research the meaning and importance of dreamcatchers.</p>	<p><b>15</b> Check out the full moon. Learn the various names of the moon.</p>	<p><b>16</b> Learn more about how corn comes in different colors! Can you find any to observe in person?</p>	<p><b>17</b> Learn how to make a corn necklace! Work with an adult to help you find materials. <a href="#">Find instructions here.</a></p>	<p><b>18</b> <a href="#">Learn about natural dyes in this hands on activity</a></p>	
<p><b>19</b> "Research time! Who were the Peoria and Illini tribes? What places near you have names related to Native American language and tribes?"</p>	<p><b>20</b> <a href="#">Listen to the Great Bear Hunt from Oneida Storyteller Kaen Ann Hoffman</a></p>	<p><b>21</b> Learn 1 word in an Indigenous language</p>	<p><b>22</b> Listen to the Wampanoag Tribe's telling of Thanksgiving</p>	<p><b>23</b> Learn more about Powwows and try out some <a href="#">dances</a></p>	<p><b>24</b> Read and reflect on the <a href="#">Haudenosaunee Thanksgiving Address</a></p>	<p><b>25</b> Research time! Learn about Native American clothing- explore the <a href="#">Smithsonian National Museum of the American Indian's Infinity of Nation's website</a> to learn more!</p>	
<p><b>26</b> Learn more about jingle dancing in this <a href="#">PBS video</a>. What are jingles traditionally made from?</p>	<p><b>27</b> Learn more about the history of pumpkins in Illinois</p>	<p><b>28</b> Find an animal native to Illinois and find its significance in Native American culture</p>	<p><b>29</b> You have learned the significant of Indigenous Storytelling. Ask your family if they have any important stories that have been passed down.</p>	<p><b>30</b> <b>Take a picture of you with your completed calendar and an activity you did and submit it to: <a href="http://go.illinois.edu/HeritageMonthActivity">go.illinois.edu/HeritageMonthActivity</a> or scan the code on the right to submit.</b></p> <p><b>Remember to include this in your Experience Award application as a state level experience.</b></p>			