

Every February, people in the United States celebrate the history and the achievements of African Americans as a part of Black History Month.

Are you ready to take the challenge and complete a Black History Month activity each day in February in this state-level Experience awards-eligible activity?



**BLACK HISTORY MONTH**

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Take a picture of you with your completed calendar and an activity you did and submit it to: [go.illinois.edu/HeritageMonthActivity](http://go.illinois.edu/HeritageMonthActivity) or scan the code on the right to submit.

Remember to include this in your Experience Award application as a state level experience.

**1 Writing Prompt:**  
What does Black History Month mean to you?

**2 Writing Prompt:**  
What is a hero to you? Name 3 heroes in Black history

**3 Activity:**  
Visit an important location in Black history, virtually (Google Earth, YouTube, Documentary etc.) or locally

**4 Activity:**  
Read a book by a Black author (click for recommendations)

**5 Activity:**  
Make a playlist of 5 inspiring songs by Black musicians

**6 Writing Prompt:**  
Name one Black historical figure and describe how they have affected our lives today

**7 Activity:**  
What is "Blues Dancing"? When and where did it originate? Learn at least 1 Blues dance

**8 Activity:**  
Pick any person that has contributed to Black history and make a 5-song playlist that describes them

**9 Quiz:**  
What is Juneteenth and why is it important?

**10 Activity:**  
Support a local Black-owned business by researching businesses in your area and visiting or sharing about them with your friends.

**11 Activity:**  
What is Soul food? Make a dish using a recipe. Visit your local library for resources!

**12 Quiz:**  
What is an HBCU? How many are there?

**13 Live Activity:**  
Host a Black History Month trivia night with your club, family, or friend group!

**14 Activity:**  
Watch a Black history movie. Ask your local library for ideas!

**15 Writing Prompt:**  
What was Dr. Martin Luther King Jr.'s march on Washington?

**16 Activity:**  
Create a Black History Month poster or sign and use it to decorate your space.

**17 Writing Prompt:**  
Pick a Black Entrepreneur and describe their contributions

**18 Writing Prompt:**  
Pick a Black Inventor and describe their contributions

**19 Learn:**  
Write a timeline of the Rosa Parks Boycott. Ask your local library for resources.

**20 Writing Prompt:**  
"Do the best you can until you know better. Then, when you know better, do better." – Who said this quote, and what are they known for?

**21 Explore:**  
Take a virtual tour. Try one of the linked tours here: [Columbias AA heritage sites](#), [Schaumburg Center for Research and Black Culture](#)

**22 Writing Prompt:**  
What is the NAACP? What do they do? When was it founded?

**23 Quiz:**  
Who created Black History Month & why?

**24 Activity:**  
Watch a movie by a Black director. Ask your local library for recommendations!

**25 Explore:**  
Click the link to learn more about the [Ida B Wells House: Chicago](#)

**26 Activity:**  
[Listen to a podcast featuring curated Black History content](#)

**27 Quiz:**  
What Supreme court trial gave rights to Black Americans?

**28 Activity:**  
Write a song or poem about a Black historical figure

**29 Quiz:**  
What is Hip-hop? When and where was it founded? Name 3 Hip-Hop artists