Every November we celebrate the history, heritage, traditions, and culture of Native Americans, Alaska Natives, and Native Hawaiians. Here are some ideas of how you and your club can help celebrate this month!

1. **Learn**
   Learn more about Native American Heritage Month, why it is celebrated, and its history and impact at https://nativeamericanheritagemonth.gov/

2. **Read**
   Check out a book written by a Native American author! Ask for recommendations at your local library. Make it a mini book club and discuss your pick with friends or at your club!

3. **Watch**
   We can learn a lot through film and cinema. Choose movies to watch that help celebrate the Native American culture and experience. Host a viewing party with your club! Here is a list of films as ideas to get you started: https://bit.ly/3E9l9PE

4. **Give**
   Choose a service project for yourself or your club that benefits a non-profit that serves the Native American community!
Cook

Prepare a traditional Native American recipe for dinner. Make it as authentic as possible by researching the dish's origin and different versions of the recipe. Ask for recipe books or resources at your local library. Incorporate at least one Native American dish into your Thanksgiving Dinner!

Experience

Head to a museum or cultural exhibit in your area to learn more about Native American history and cultures. Don't have a museum close by? Check out an online exhibit and explore it with your club!

Support

Uplift and support Native American businesses by shopping for authentic Native goods at places like https://shop.beyondbuckskin.com/ which has a list of other businesses you could support this month and year round!

Ready for more?

Native American heritage celebrates a diverse range of voices, heritage, and traditions that you can help celebrate and honor! Keep exploring throughout the month!

Club activity flier activities these activities count as individual or club experiences on the Experience Award Application.

Author: Roxana Cejeda, University of Illinois Extension