How do you preserve your family photos to share with future generations? How do you preserve past experiences in 4-H, school activities, etc.? Scrapbooking is the answer! Scrapbooking preserves your memories through photographs, journaling and embellishments to tell your story.

**Exploring 4-H Scrapbooking**

**Spark Activity: One Moment in Time**

- Create a one-page layout that tells a story about a special day. When creating a scrapbook page, all items should be acid free so it does not fade or deteriorate over time.
- Choose 1-3 pictures that tell a story about a particular activity/event in your life. Recommendations would be to use 8 ½” x 11” or 12” x 12” layout.
- Choose 2-3 different colors of paper that will coordinate with your pictures. Papers can be patterned, solid card stock or specialty paper.
- Create a title for your page.
- Include journaling to explain what is going on in the picture, how you felt in the picture, etc. This can be done using acid free pens, or by using a computer.
- Crop and mat at least one picture and make it your focal point.
- Experiment with using embellishments including ribbon, stickers, buttons, special lettering, die cut pieces, etc.
- Odd numbers are recommended to create balance on the page.
- Experiment with different types of adhesive – tape runner, pop dots, photo corners, and liquid adhesive. Pop dots create dimension on the page. Liquid adhesive is good for ribbon, buttons and small embellishments. A tape runner is good to secure pictures to your page.
- Experiment with your layout such as photo placement, embellishments, and journaling. Once you are satisfied with the layout, use the appropriate adhesive to adhere items to your page.
- You can display your layout in a frame or add to a scrapbook album.
- Have fun and be creative!

**4-H Project Levels and Goals**

**Beginner**
- Learn to create scrapbook pages that tell a story
- Create a basic scrapbook supply kit
- Learn to crop and mat photos
- Incorporate titles into your pages
- Include journaling in your scrapbook
- Experiment with embellishments

**Intermediate**
- Experiment using punches or stamps to create embellishments
- Incorporate quotes into your scrapbook pages
- Experiment with embellishments that you have not used before
- Practice new techniques for cropping and matting

**Advanced**
- Create scrapbook pages effectively using at least seven different types of embellishments
- Experiment with incorporating borders onto your scrapbook pages
- Incorporate the use of pocket pouches into your page designs
Put Your Project Into Action

Show Your Skills
• Exhibit at your local 4-H show / fair
• Create a display showcasing different types of embellishments
• Develop a portfolio of various types of page layouts
• Create greeting cards which showcase different techniques for scrapbooking

Service and Leadership
• Make greeting cards to give to a local nursing home or children’s wing at a local hospital
• Create a scrapbook for your 4-H club preserving the memories of the 4-H year
• Lead a card-making workshop for your club or with a senior citizen group
• Mentor a younger member just starting to do scrapbooking as a 4-H project
• Consider running for an office in your club as a reporter or historian; if your club does not offer this position, consider volunteering for the position
• Give a scrapbooking presentation at your 4-H club meeting

Entrepreneurship
• Create and sell sample scrapbook layouts
• Create homemade cards for various occasions
• Create a business making digital sketch layouts
• Create and sell handmade die cuts and embellishments

Technology Connection
• Desktop die cutting machines
• Digital scrapbooking
• Mobile photo printers
• Wearable cameras

Connecting with a Mentor
• Crop nights / scrapbook events
• Scrapbook supply stores
• Craft stores

Events
• 4-H workshops
• 4-H county show and state fair
• Check with local craft and specialty shops for workshops and classes

Start a Conversation
Why would it be important to preserve photos taken during special times in your life? What are some different ways that you could preserve/showcase photos taken during special times in your life?

Want to learn more?
go.illinois.edu/4Hscrapbooking

Explore more at Illinois 4-H!
4-H.extension.illinois.edu