We've got a seat for you at the table

**IL Food Action Summit**

Brought to you by the IL 4-H Food Advocacy Team

**Keynote Address**

**Dr. Bobby Smith II**
Sociologist and Assistant Professor
African American Studies, UIUC

**Featured Speaker**

**Dr. Craig Gundersen**
U of I ACES Distinguished Professor and Researcher

**May 15th, 2021 - Virtual**

<table>
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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>9:00 - 9:10AM:</td>
<td>Welcome from the IL 4-H Food Advocacy Team</td>
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<td>9:10 – 9:30AM:</td>
<td>Opening Remarks by Dr. Craig Gundersen</td>
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<td><strong>BREAK</strong></td>
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<tr>
<td>10:00 - 10:50AM:</td>
<td>Breakout Session 1</td>
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<tr>
<td>11:00 - 12:50PM:</td>
<td>Lunch Break, Food Advocacy Grant Presentations and Networking</td>
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<tr>
<td>1:00 - 1:30PM:</td>
<td>Keynote Address “The Future of Food Justice” by Dr. Bobby Smith</td>
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<td><strong>BREAK</strong></td>
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<td>1:40 - 2:30PM:</td>
<td>Breakout Session 2</td>
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<td><strong>BREAK</strong></td>
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<td>3:00 - 3:50PM:</td>
<td>Breakout Session 3</td>
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<td>4:00 - 4:30PM:</td>
<td>Closing Session</td>
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#FoodActionSummit21

@Illinois4H
@IllinoisFoodAdvocacyTeam
FOOD JUSTICE & 4-H
As a result of recent social movements, more youth are using their voices to promote food justice and influence positive change. In this session, you will learn how you can act on food justice issues in your community and in your own social networks.
Speaker: Trinity Johnson, Illinois 4-H Educator

FOOD SECURITY AND COMMUNITY HEALTH
Having reliable access to healthy food is an essential part of living a healthy life. In this session, you will learn from experts in the field of food and nutrition about how food security can impact the health of an entire community.
Speakers: Staci Coussens, Carol Erickson, Joey Fonesca U of I SNAP-Ed Educators

FOOD CHOICES AND PERSONAL WELLNESS
Food choices can play a big role in your health and wellbeing. In this session, you will learn about how you can leverage your food choices to help you live your best life.
Speaker: Julia Heller, Food Advocacy Team President

HOW YOU CAN CHANGE YOUR FOOD SYSTEM
Every day we make decisions that impact our food system. In this session, you will learn about how our food system functions and the power that you have to create change through the choices you make.
Speaker: Dr. Megan Dailey, U of I Metropolitan Food and Environmental Systems Director

NUTRITIONAL SELF-CARE AND HEALTH EQUITY
Learn about promoting healthy eating while taking into account what youth have available in their homes. Youth will also learn why malnutrition has become a growing epidemic in underprivileged and rural neighborhoods and how that may affect them.
Speakers: Roxana Cejeda, 4-H Youth Readiness/New Audiences Assoc. and Arsema Tesfai, Diversity, Equity and Inclusion Intern

CAREERS IN FOOD SYSTEMS
Whether it's food production, distribution, marketing, safety, transportation, science and research, or service and sales, there are many career opportunities in the world of food systems. In this session, you will have the opportunity to imagine a future for yourself and hear from people who have dedicated their careers to securing our food system.
Speaker: Dr. Darlene Samuels, U of I Extension Educator

SUSTAINABLE AGRICULTURE
Producing food to equitably feed our planet’s growing population is one of the great challenges facing agriculture worldwide. In this session, you will engage in an important discussion around how we can continue to produce food in a way that responsibly stewards the Earth’s resources while addressing the challenges of climate change.
Speaker: Erin Harper, U of I Extension Small Farms Local Foods Educator

FOOD ADVOCACY AND YOUTH ACTION IN BRAZIL
Young people around the world are taking on the challenge of food insecurity. In this session, you will connect with leaders from the Federal Institute of Mato Grosso do Sul who are working to support service-learning projects and youth advocacy in Brazil.
Speakers: Flavio Rocha, Marcos Hendges, Lairy Coutinho and Tania Sasaki, Educators with Instituto Federal de Mato Grosso do Sul, Brazil

Get inspired. Get empowered.