4-H helps youth find their spark

The outcomes from Extension’s 4-H program are unparalleled. Independent research has shown that compared to their peers, youth involved in 4-H programs are thriving. Findings from the 4-H Study of Positive Youth Development show that 4-H youth are:

• 4x more likely to make contributions to their communities
• 2x more likely to be civically active
• 2x more likely to participate in out-of-school science programs; and
• 2x more likely to make healthier choices

Source: https://4-h.org/about/research

Illinois 4-H is working towards the goal of reflecting the population demographics, diverse needs, and social conditions of the state.

27% Minority Youth Affiliations
PROJECTS HELP YOUTH FIND THEIR SPARK!

4-H MEMBERS ENROLLED IN 55,836 DIFFERENT 4-H PROJECTS IN 2021.

- **15,649** Animal Science
- **1,805** Career and Leadership
- **5,943** STEM
- **15,912** Creative Arts
- **5,270** Healthy Living and Nutrition
- **3,192** Food Systems
- **1,704** Civic Engagement
- **4,988** Environment and Natural Resources
- **2,124** Cloverbuds

1,597 CLUBS

- 890 Community (Multi-Project) Clubs
- 349 SPIN Clubs
- 337 Cloverbud Clubs
- 10 School Clubs
- 10 Afterschool/Partner Site Clubs
- 1 Military Club

6,780 VOLUNTEERS

- 2636 adult club volunteers
- 3556 adult program volunteers
- 588 youth program volunteers