

Let's Mingle



Planning

- 5 minutes or more
- Group Size- Unlimited number of participants, who will work in rotation groups of four or five.

Instructions

- Explain that the purpose of the activity is to simply walk around among others in the group while saying, "mingle, mingle, mingle" until you give a command. Participants who share a similar detail of the command will gather in groups of four or five and introduce themselves, then discuss their favorite hobbies.
- Signal for the participants to start mingling. After a few moments give a command from one of those listed below, or make up your own.
 - Hair Color
 - Wearing glasses
 - Height
 - Color of shoes
 - Wearing a watch

- Length of hair
- Color of shirt
- Age
- Gender

- Continue with four or five mingles or until you are ready to form groups for the next activity. If you want an exact number in each group for another activity, your last command will be "groups of five," for example.

Debrief

- What kinds of assumptions do we make based on outward appearance?
- What did you find out about other people through your group discussion?
- Were your initial assumptions compatible with the information you obtained?
- How does what happened in this activity relate to peer groups?

From: Energize Your Audience! By
Lorraine L. Ukens

