

Blind Shape



Planning

- 15-25 minutes
- 8-20 participants

Materials

- One long rope per group (20-30 ft)
- Blindfolds (or have youth close eyes)

Instructions

- Everyone must keep both hands on the rope at all times.
- No peeking
- You may talk unless stated otherwise.
- Participants must form a specific shape while blindfolded and holding the rope.
- The shape must be flat on the floor and recognizable.
- You have 10 minutes.

Game Play

- Students form a circle holding the rope.
- Everyone puts on blindfolds (or closes their eyes)
- Announce the shape (square, triangle, rectangle, star, perfect circle)

- Step back and observe - who gives directions? Who listens? Who includes quiet voices? Who gets frustrated or steps back?

Variations

- Silent Leader: One person may talk. Everyone else must listen and respond non-verbally.
- Silent Build: No talking at all. Relies on touch and movement.
- Hidden Roles: Secretly assign roles of Leader, Encourager, Observer, Disruptor, etc.
- Mid-Challenge Change: Halfway through say "Your shape must now become a triangle." Watch adaptability.

Debrief

- What was the hardest about this challenge?
- How did leadership emerge?
- Was there more than one leader?
- How were ideas shared or ignored?
- What helped or hurt communication?
- How does this relate to leadership in real life?

