

APRIL 2025

THE VOICE

Association Newsletter

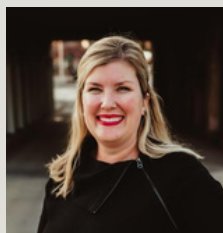


Service Award Winners announced

To recognize NAE4-HYDP members for significant accomplishments in various stages of a career and for contributions to the 4-H Youth Development profession, individuals are chosen annually for the Achievement of Service Award (ASA), Distinguished Service Award (DSA), and Meritorious Service Award (MSA). Congratulations to our Illinois winners and best of luck at the regional level!

ASA - Achievement of Service Award

Served more than three, less than seven years in 4-H programs



Carissa Nelson



Mynda Tracy

DSA - Distinguished Service Award

Served seven years or more in 4-H programs



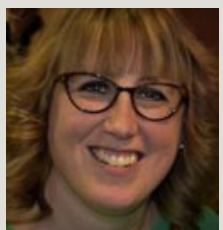
Alcha Corban



Kelly Lafferty

MSA - Meritorious Service Award

Served fifteen years or more in 4-H programs



Carissa Davis

SEND NEWSLETTER SUBMISSIONS TO
DANIELLE GAPINSKI AT DES85@ILLINOIS.EDU

2024-2025 Board Members

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Carissa Nelson, *East Central*
Jessica Jaffry, *West Central*
Kristi Stout, *Southern*

Region happenings

Take a moment to explore the highlights from recent and upcoming regional professional development events that bring our members together to learn, share, and grow.

East Central



East Central region met on April 8th where professional development centered around Crucial Conversations took place. Members then took a trip to the Miller Park Zoo

Northern

The Northern Regional has planned an outing on April 21st to go to the Burpee Museum in Rockford. They will be touring the Dinosaur exhibit and going behind the scenes to see the Paleo lab, look at fossils and get to make a fossil of their own to take home. The group will also be touring the other exhibits. Then, they will venture to Prairie Street Brewing Company for lunch and a brief business meeting.



Professional Development Opportunities

Mindfulness Training for 4-H Volunteers

By Suzanna Windon, Ph.D., Mariah Stollar

This article describes why mindfulness training may be beneficial for 4-H volunteers and strategies to help implement mindfulness into 4-H volunteer programming.

What is Cultural Competence and How to Develop It?

By Suzanna Windon, Ph.D., Tanya Lamo

Develop cultural competency skills to enhance the ability to practice effective communication in intercultural situations.

11 Growth Mindset Strategies: Overcome Your Fixed Mindset to Grow as a Person Develop Good Habits

Positive Youth Development / Strategies for Creating a 4-H Welcoming Environment

By Suzanna Windon, Ph.D., Mariah Stollar

This article will use various frameworks to describe positive youth development and provide strategies and tips to create a more welcoming environment for parents and youth involved in 4-H clubs.



NAE4-HYDP Conference

Date: October 28-30, 2025

Location: Atlanta, GA

More details coming soon

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