NAME OF DISH: ____________________________________________________________

COMMODITY: ____________________________________________________________

MY SHOPPING LIST

- __________________________________________________________
- __________________________________________________________
- __________________________________________________________
- __________________________________________________________
- __________________________________________________________
- __________________________________________________________
- __________________________________________________________
- __________________________________________________________

PREP TIME: ____________________________

COOK TIME: ____________________________

SERVES: ________________________

PICTURE OF MY RECIPE

WOULD YOU MAKE THIS AGAIN? WHAT DID YOU CHANGE?

COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES University of Illinois | U.S. Department of Agriculture | Local Extension Councils Cooperating University of Illinois Extension provides equal opportunities in programs and employment.