

Psychic Handshake



Planning

- 5 minutes
- 10+ participants

Materials

- None

Objective

Participants will attempt to communicate their chosen number using only handshakes

Game Play

Setup

1. Direct each participant to pick a number 1–4 without revealing their number to anyone else.
2. Then, participants should begin shaking hands with one another, pumping each other's hands the

number of times that corresponds to their chosen number.

3. Once they've found someone that they believe has the same number as them, they should group up.
4. Participants should attempt to sort themselves into the four groups in that manner.
5. Once they believe they are correct, check to see if everyone is in the right spot.

Variations

- Expand the range of numbers for larger groups or to make it more challenging

Debrief

- What made this challenge difficult?
- What would have made it easier?
- How could a lack of communication cause issues in a team setting?
- How could you apply this in real life?

